



Inspiring, empowering, and transforming children's lives through outdoor education.

Dear Parents/Guardians,

We are looking forward to your child's upcoming visit to [Exploring New Horizons at Pigeon Point](#). Exploring New Horizons Outdoor Schools (ENH) is a nonprofit that has engaged over 200,000 students in residential outdoor education programs since 1979. Your child will be attending a program at our Pigeon Point site. ENH at Pigeon Point conducts its [activities](#) at the scenic [Pigeon Point Lighthouse](#), 50 miles south of San Francisco and students stay in dorms operated by Hostelling International. Within the hostel complex are four spacious ranch-style homes, each with a full kitchen, family-style dining room, two full bathrooms, a large living room, and separate dormitories. There is also an indoor multi-use room that is used for meals and evening activities during the program, called the Galley.

Clothing:

Your child will be hiking and actively [engaged in a variety of outdoor settings](#). They will be hiking on uneven terrain and the weather is likely to be variable with sunny days, chilly evenings, and rain. Please ensure that your child comes well prepared for all types of weather with clothing that is comfortable, warm, functional, and labeled with their first and last name. You do not need to purchase new items. Electronics, cell phones, money, and any valuables should be left at home. Please consult the packing list on [our website](#) for more details.

Safety & Medications:

Keeping your child safe and healthy is our top priority. Our staff is trained in First Aid and CPR and provides a structure to keep students safe during all activities. Please do not send a child that has had a fever or illness in the past 48 hours or has been in contact with someone who has tested positive for COVID-19. If an accident should occur, or your child is not feeling well, you will be notified.

If your child takes medications, please give the medication to your child's teacher in its original bottle with complete instructions for administration on the online medical form. Students keep emergency medications with them including inhalers and epi-pens. All other medication is given to students by the classroom teacher when prescribed.

We have a first aid facility which has over-the-counter medications. If you give consent on the online medical form, your child can be given any of these over-the-counter medications by the classroom teacher or ENH staff member as needed so please do not send them. Talk with your child about basic hygiene, such as washing their hands before meals and after they use the restroom. If your child has specific health or behavioral needs, please include them on the online medical form and email us at chelsea@exploringnewhorizons.org.

Homesickness & Discipline:

Discuss homesickness and set them up for success by focusing on all the fun they will have and how fast the week will go by. Encourage them to speak to their classroom teacher or someone on the ENH staff if they are having an issue so we can help. Your child will be busy and engaged their entire time at Outdoor School and they will not be able to call you or take calls..

ENH uses a 3-step Check System to help students understand the school rules and the consequences of breaking them:

1st Check: The student will lose 15 minutes of recreation time

2nd Check: The student will lose 15 minutes and work with our staff to fill out a Behavior Contract

3rd Check: The student will be removed from the program and the parent or guardian will be called and notified that they need to come to outdoor school, pick up their child, and take them home.

We have put together a video presentation for you, it is available on our website, please click on [this link](#) and find the "Parent Video Presentation"

Thank you for taking the time to prepare your child for their week of outdoor school!

Chelsea Wright
Program Director