

### Exploring New Horizons at Sempervirens Menu

	Breakfast	Lunch	Dinner
<b>Mon</b>	Students eat at home	Students bring lunch	Penne Pasta Bar, meat sauce, Basil marinara, pesto, Caesar salad, Breadsticks, oven roasted broccoli, water and beverage
<b>Tue</b>	Belgium waffles, breakfast sausage links, hot syrup and butter milk and juice, cereal, fruit platter	Whole wheat bread, Turkey slices, Cheese slices , Peanut butter/Jelly Whole fruit , Bag carrot, Gold fish Mayo/mustard, Cookie	Pizza, peperoni, cheese, combination, tossed salad, watermelon, water and beverage
<b>Wed (Meat Free Day)</b>	Pancakes, Hot syrup and butter, milk and juice, cereal, fruit platter	Whole wheat bread, Cheese slices, Peanut butter/Jelly, Whole fruit, Bag carrot, Gold fish, Mayo/mustard, Cookie	Taco Bar, rice, beans, flour tortillas, tortilla chips, pico de gallo, cheese, cheese, salsa, sour cream, water and beverage
<b>Thurs</b>	Cheesy Eggs, roasted potatoes, biscuits, fruit platter milk and juice bins, condiments	Whole wheat bread, Ham slices Peanut butter/ Jelly, Cheese slices Whole fruit, Bag carrot, Gold fish Mayo/mustard, Cookie	Bbq chicken, rice pilaf, roasted corn w/chili sauce, loaded corn bread muffins, Coleslaw or Salad, hot bbq sauce, water and beverage
<b>Fri</b>	French toast, Breakfast sausage, Hot syrup and butter milk and juice, cereal, fruit platter	Grilled Cheese, Whole fruit, Bagged carrots, Granola bars Water	