

ENH

INGREDIENTS LIST

2026 MENU

Food Service Manager Raymond Molina
2-9-2024

DINNER

ORANGE CHICKEN CHICKEN: DARK MEAT CHICKEN CHUNKS, WATER, CORNSTARCH, WHITE WHOLE GRAIN WHEAT FLOUR, SOYBEAN OIL, LIQUID WHOLE EGGS, SALT, WHITE PEPPER POWDER, GINGER, GARLIC, GREEN ONION. SAUCE: WATER, SUGAR, VINEGAR, SOY SAUCE (SOYBEANS, WHEAT FLOUR, WATER, SALT, SUGAR, EXTRACT OF MUSHROOM), MODIFIED STARCH, MANDARIN ORANGE JUICE AND PEEL, CHILI POWDER, GARLIC, GINGER, GREEN ONION.

JASMINE RICE

STEAMED BROCCOLLI-Salt

TOSSED SALAD W/CHERRY TOMATOS

CANNED MANDARINS- Mandarin Orange Segments, Water Salt

BREAKFAST SANDWICH:

Pillsbury Buttermilk biscuit: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, PALM KERNEL OIL, SUGAR, BUTTERMILK, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, DOUGH CONDITIONER (ENZYMES).

LIQUID EGGS-Whole Eggs, Citric Acid,0.15% Water added as a carrier for Citric Acid. Citric Acid Added to preserve color.

YUKON GOLD POTATOS- SALT AND PEPPER INGREDIENTS: SALT, SUGAR, SPICES (INCLUDING PAPRIKA, CELERY SEED, TURMERIC), ONION, CORN STARCH, GARLIC, TRICALCIUM PHOSPHATE (TO MAKE FREE FLOWING), EXTRACTIVES OF PAPRIKA & NATURAL FLAVOR.CANOLA OIL

KETCHUP -TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING.

FRESH STRAWBERRIES

RICE KRISPY CEREAL NGREDIENTS: RICE, SUGAR, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR. VITAMINS AND MINERALS: IRON (FERRIC PHOSPHATE), NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN D3, VITAMIN B12.

MILK CARTON – 2%

APPLE JUICE -Water, concentrated apple juice and ascorbic acid (vitamin C)

TO GO LUNCH CONTENTS :

WHOLE WHEAT BREAD-WHOLE WHEAT FLOUR, WATER, BROWN SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:, SOYBEAN OIL , YEAST, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL

LACTYLATE, MONOGLYCERIDES AND/OR DIGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES), CALCIUM SULFATE, SOY LECITHIN, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

TURKEY SLICES-Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% Or Less Modified Food Starch, Vinegar, Salt, Sugar, Sodium Phosphate.

CHEDDAR CHEESE- PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED. CONTAINS: MILK

SUN BUTTER- Sunflower Seed, Sugar, Monodiglycerides to prevent separation, Salt, and Natural Mixed Tocopherols to preserve freshness.

GRAPE JELLY- Concord Grape Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate.

APPLE

LAYS CHIP POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), AND SALT

MAYO -Soybean Oil, Water, Eggs, Distilled and Cider Vinegar, Salt, Sugar, Lemon Juice, Natural Flavors, Oleoresin Paprika and Calcium Disodium EDTA Added To Protect Flavor.

MUSTARD- Water, Vinegar, Salt, Mustard Seed, Corn Starch, Turmeric, Xanthan Gum, Potassium Sorbate and Sodium Benzoate as preservatives

CHOCOLATE CHIP COOKIE - WHEAT FLOUR, SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), BLEACHED WHEAT FLOUR, CHOCOLATE DROPS (SUGAR, PALM KERNEL OIL, COCOA POWDER [PROCESSED WITH ALKALI], SOY LECITHIN, NATURAL FLAVOR, WHOLE MILK SOLIDS, SALT), WATER, INVERT SUGAR, MOLASSES, CONTAINS LESS THAN 2% OF BAKING POWDER (SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), BAKING SODA, EGGS, NATURAL AND ARTIFICIAL FLAVOR, SALT. CONTAINS: WHEAT, EGGS, MILK, SOY. MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING PEANUTS/TREE NUTS.

BBQ CHICKEN DINNER:

IMPOSSIBLE VEGAN NUGGET- WATER, SOY PROTEIN CONCENTRATE, WHEAT FLOUR, SUNFLOWER OIL, 2% OR LESS OF: FOOD STARCH MODIFIED, SOYBEAN OIL, POTATO STARCH, METHYLCELLULOSE, SALT, NATURAL FLAVORS, CULTURED DEXTROSE, YEAST EXTRACT, DEXTROSE, DRIED ONION, DRIED GARLIC, WHEAT GLUTEN, SPICES, YELLOW CORN FLOUR, SUGAR, GARLIC POWDER, ONION POWDER, LEAVENING (CREAM OF TARTAR, SODIUM BICARBONATE), DRIED YEAST, PAPRIKA EXTRACT (FOR COLOR), MIXED TOCOPHEROLS (ANTIOXIDANT), VITAMINS

AND MINERALS (ZINC GLUCONATE, NIACIN (VITAMIN B3), CALCIUM PANTOTHENATE (VITAMIN B5), THIAMINE HYDROCHLORIDE (VITAMIN B1), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), VITAMIN B12).

RICE PILAF - A Blend of Vegetables [Purees (Carrot, Celery, Onion, Sautéed Onion, Red Bell Pepper), Dehydrated (Tomato, Carrots, Green Bell Pepper, Onion), Juices (Onion, Garlic, Shallot, Carrot)], Sugar, Salt, Yeast Extract, Hydrolyzed Corn Protein, Contains 2% Or Less Of The Following: Maltodextrin, Canola Oil, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Spice, Red Wine Concentrate, Hydrolyzed Soy Protein. Contains: Soy.

STEAMED CORN- SALT AND PEPPER

CORN BREAD-Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, degermed yellow corn flour, degermed yellow cornmeal, palm and soybean oil, dextrose, Less than 2% of: baking soda, monocalcium phosphate, natural and artificial flavors, salt, sodium aluminum phosphate, yellow 5, yellow 5 lake, yellow 6, yellow 6 lake. Freshness preserved with BHA.

PANCAKE BREAKFAST:

SWEET CREAM PANCAKES-Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, malted barley flour, enzymes, ascorbic acid), sugar, soybean oil, soy flour, baking soda, dextrose. Less than 2% of: nonfat milk, buttermilk, sodium aluminum phosphate, monocalcium phosphate, salt, natural and artificial flavors (contains milk derivatives), yellow 5, yellow 5 lake, yellow 6, yellow 6 lake.

TURKEY SAUSAGE LINK-BHA, Propyl Gallate with Citric Acid Added to Help Protect Flavor Ingredients: Turkey, Turkey Skin, Water, Salt, Spices, Dextrose, Sugar, Flavoring, BHA, Propyl Gallate, Citric Acid. In Collagen Casing.

HASHBROWN PATTY- Ingredients: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dehydrated Onion, Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.

SYRUP CUPS-Corn Syrup, High Fructose Corn Syrup, Water, Salt, Caramel Color, Natural And Artificial Flavors.

BUTTER-Pasteurized Cream, Salt

CHEERIOS- Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

WHOLE ORANGES

CHICKEN SANDWICH DINNER:

HAMBERGER BUNS- Wheat Flour Enriched (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Water, Sugar, Pasteurized Whole Egg, Contains 2% or less of: Calcium Propionate, Canola Oil RBD, Extra Virgin Olive Oil, Enzymes, Highly Refined Soybean Oil, Sea Salt, Sunflower Oil, Ascorbic Acid, Yeast

CHICKEN PATTY-Boneless, skinless, chicken breast filets with rib meat, water, seasoning [salt, flavors, maltodextrin, sugar, vegetable stock (carrot, onion, celery), garlic powder], modified food starch, sodium phosphates, soy protein concentrate. BREADED WITH: Wheat flour, water, salt, contains 2% or less of the following: dextrose, disodium inosinate and disodium guanylate, extractives of paprika and turmeric, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, spices, wheat gluten. Breeding set in vegetable oil.

LETTUCE,ONION,TOMATO

AMERICAN CHEESE-MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ENZYMES, SOY LECITHIN, COLOR ADDED. CONTAINS: MILK, SOY

WAFFLE FRIES- POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, AND/OR COTTONSEED OILS), FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF COLOR (PAPRIKA OLEORESIN, TURMERIC OLEORESIN), CORN STARCH, DEXTRIN, DEXTROSE, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), ONION POWDER, RICE FLOUR, SALT, SPICES, XANTHAN GUM, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).

CANNED PEACHES Peaches, Water, Sugar

CHEESY EGG BREAKFAST:

LIQUID EGGS-Whole Eggs, Citric Acid,0.15% Water added as a carrier for Citric Acid. Citric Acid Added to preserve color.

TATER TOTS- POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, COTTONSEED AND/OR SUNFLOWER), CONTAINS LESS THAN 2% OF DEXTROSE, SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR)

BLUE BERRY MUFFIN- Sugar, Bleached Wheat Flour, Eggs, Soybean Oil, Blueberries, Water, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate), Mono and Diglycerides, Natural Flavor, Rice Starch, Buttermilk Solids, Salt, Xanthan Gum, Enzyme.Contains: Wheat, Egg, Dairy (Milk).This product is manufactured on equipment exposed to almond, coconut, pecan, soy, and walnut products.

RICE KRISPY CEREAL NGREDIENTS: RICE, SUGAR, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR. VITAMINS AND MINERALS: IRON (FERRIC PHOSPHATE), NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN D3, VITAMIN B12.

WATERMELON

PASTA DINNER:

WHOLE GRAIN PENNE PASTA- WHOLE GRAIN DURUM WHEAT FLOUR.

MARINARA SAUCE- Vine Ripened Tomatoes, Tomato Puree, Soybean Oil, Corn Syrup, Salt, Food Starch Modified, Dehydrated Onion, Dehydrated Garlic, Spices, Dextrose, Citric Acid and Natural Flavors.

TOSSED SALAD W/CHERRY TOMATOS

TEXAS TOAST- INGREDIENTS: BREAD: WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: SOYBEAN OIL, YEAST, SALT, SUGAR, SOY FLOUR, MALTED BARLEY FLOUR, WHEAT GLUTEN, DEXTROSE, VEGETABLE PROTEIN, ENZYMES, ASCORBIC ACID, CORN MEAL. SPREAD: VEGETABLE OIL BLEND (SOYBEAN, PALM), WATER, GARLIC, CONTAINS 2% OR LESS OF: SALT, NATURAL FLAVORS, SWEET CREAM BUTTERMILK, ONION POWDER, SPICE, MONOGLYCERIDES, SOY LECITHIN, LACTIC ACID, CITRIC ACID, BETA-CAROTENE (FOR COLOR). CONTAINS: WHEAT, SOY, MILK

OVEN ROASTED GREEN BEANS- SALT AND PEPPER, GARLIC, ONION, CANOLA OIL, OLIVE OIL.

FRENCH TOAST BREAKFAST:

FRENCH TOAST STICKS- BREAD (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, SUGAR, YEAST, YELLOW CORN FLOUR, SALT, SOYBEAN OIL, WHEAT GLUTEN, CULTURED WHEAT FLOUR, GRAIN VINEGAR, GLYCERYL MONOOLEATE, SOY LECITHIN, TURMERIC [COLOR], PAPRIKA EXTRACT [COLOR], POLYSORBATE 60, POLYSORBATE 80, ASCORBIC ACID, ENZYMES), WATER, SOYBEAN OIL, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YELLOW CORN FLOUR, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOY FLOUR, SALT, GUM ARABIC, SOY LECITHIN, DEXTROSE, YEAST, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, CARRAGEENAN, POLYSORBATE 80.

CHICKEN SAUSAGE- Ingredients: Chicken Thigh Meat with Skin, Chicken Breast Meat with Rib Meat, Water, Contains 2% or Less of Salt, Spices, Dextrose, Sugar, Yeast Extract, Natural Flavors, Lactic Acid. In Collagen Casing.

SYRUP CUPS-- Corn Syrup, High Fructose Corn Syrup, Water, Salt, Caramel Color, Natural And Artificial Flavors.

MILK- 2%

Cheerios- Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

ORANGE SLICES

GRILLED CHEESE LUNCH-

WHOLE WHEAT BREAD-WHOLE WHEAT FLOUR, WATER, BROWN SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:, SOYBEAN OIL , YEAST, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES AND/OR DIGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES), CALCIUM SULFATE, SOY LECITHIN, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

AMERICAN CHEESE-MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ENZYMES, SOY LECITHIN, COLOR ADDED. CONTAINS: MILK, SOY

WHOLE APPLES

LAYS CHIP POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), AND SALT