

## Pigeon Point Menu

### **1st Dinner:** “Make Your Own” Burritos

Your choice of the following on a flour tortilla\*:

Ground Turkey, refried beans\*\*, lettuce, guacamole\*\*\*, tomato, salsa, cheese, sour cream, tortilla chips

Lemonade or Milk\*\*\*\*

### **2nd Dinner:** Spaghetti Night

Your choice of ground turkey or vegetarian tomato sauce with wheat pasta\*

Green tossed salad

Garlic French bread\*

Lemonade or Milk\*\*\*\*

### **1st Breakfast:** Scrambled Eggs with or without cheese and English

Muffins(contains dairy and gluten, options available)

Assorted cold cereal\* and fresh fruit salad

Orange or Apple juice

Optional strawberry jelly, yogurt, butter\*\*\*\*, sunbutter

### **2nd Breakfast:** Honey Wheat Pancakes\* with Syrup

Assorted cold cereal\* and fresh fruit salad

Orange or Apple juice

Optional strawberry jelly, yogurt, butter\*\*\*\*, sunbutter

### **1st Lunch:** Cheese\*\*\*\*, Turkey\*\* and Crackers\*

Fig bar

Carrots

Apple or orange

### **2nd Lunch:** Sunbutter and Jelly Sandwiches\*

String cheese

Carrots

Apple or orange

\*gluten free option available

\*\*vegetarian option available

\*\*\*Dependent upon availability

\*\*\*\*dairy free option available

