

## **FOOD SERVICE**

The kitchen staff at Sempervirens takes pride in cooking and serving delicious, nutritious, home style meals that consistently delight our guests. A balanced menu featuring carefully prepared natural and organic ingredients make mealtimes at Sempervirens a highlight of every campers day. When available, produce from our organic garden augments our meals.

We can accommodate most special diet needs including: vegetarian; vegan; peanut / tree nut allergies; as well as gluten and dairy free diets. Great care is taken by our staff regarding our guests with food allergies. Our staff ensures that special meals are prepared separately to avoid cross contamination. We request that you provide us with special diet information no later than two weeks before your visit.

We are happy to plan a complete menu for your group and submit it to you for approval. If you would prefer to select the meals yourself, we request that you provide us with menu choices no later than two weeks before your visit.

Our standard meal times are: Breakfast – 8:00 am; Lunch – 12:00 pm; Dinner – 6:00 pm. Meal times can be adjusted to fit your group's needs. Meals are served for 45 minutes.

The Camp Host will be available to assist in the operation of serving and cleaning up of meals. If you would prefer, our Host can completely run mealtimes for you.

## BREAKFAST MENU

All Breakfast's include a Cereal/Oatmeal option as well as Juice, Coffee, Tea, Cocoa and Fresh Fruit.

Vegetarian options are always available as well.

Breakfast can be served Buffet or Family Style. Substitutions available on request.

### FROM THE GRIDDLE:

BUTTERMILK PANCAKES W/ SAUSAGE OR BACON

FRENCH TOAST W/ SAUSAGE OR BACON

### EGG DISHES

SCRAMBLED EGGS W/ HASH BROWNS OR HOME FRIES

BAKED FRITATTA (Meat or Vegetarian) W/ HASH BROWNS OR HOME FRIES

BREAKFAST SANDWICHES: SCRAMBLED EGGS, HAM AND CHEESE ON AN ENGLISH MUFFIN

BREAKFAST BURRITOS: SCRAMBLED EGGS, SAUSAGE, POTATOES, CHEESE AND SALSA

CONTINENTAL: FRESH BAKED MUFFINS, CEREALS, OATMEAL, HARD BOILED EGGS...

## LUNCH MENU

All Lunches include a Garden Salad, Fresh Fruit and Lemonade, Juice or Iced Tea.

Vegetarian options are always available as well.

Lunches are served Buffet Style at the Picnic Circle. Substitutions available on request.

GRILLED CHEESE SANDWICH, TOMATO SOUP AND CHIPS

HOT DOGS W/ TATER TOTS OR OVEN FRIES

BBQ BURGER BAR W/ ALL THE FIXINS; POTATO CHIPS

BURRITO BAKE W/ SPANISH RICE, CHIPS AND SALSA

SEMPERVIRENS PASTA BAKE (Our kicked up version of Mac n' Cheese w/ Chicken and Veggies.)

SUBMARINE SANDWICH BAR W/ POTATO OR PASTA SALAD

GRILLED CHICKEN PATTY SANDWICH W/ TATER TOTS OR OVEN FRIES

HAM OR TURKEY WRAPS W/ POTATO OR PASTA SALAD

SLOPPY JOES W/ TATER TOTS OR OVEN FRIES

HOME MADE CHILI, CORNBREAD, CHIPS AND SALSA

SACK LUNCH: Sandwich, Chips, Cookies, Fruit, Juice Box, Granola Bar

# DINNER MENU

Most Dinners include a Garden Salad and Juice.

Vegetarian options are always available.

Dinner can be served Buffet or Family Style. Substitutions available on request.

## PASTA DISHES

PENNE PASTA SERVED WITH GARLIC BREAD, GARDEN SALAD. WITH YOUR CHOICE OF:  
Meatballs and Red Sauce; Meat Sauce with ground turkey; Pesto Sauce; Alfredo Sauce.

LASAGNE, GARLIC BREAD, GARDEN SALAD

TORTELLINI WITH CHOICE OF SAUCE, FRENCH BREAD, GARDEN SALAD

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BAKED CHICKEN WITH MASHED POTATOES; VEGETABLES

BBQ CHICKEN WITH ROASTED RED POTATOES, CORN ON THE COB

FAJITA BURRITO BAR WITH GRILLED CHICKEN, BEANS, SPANISH RICE

PIZZA! A VARIETY OF: PEPPERONI; CHEESE; VEGGIE COMBO.....

STIR FRY DINNER WITH CHOICE OF MEAT, VEGGIES, RICE...

POT ROAST WITH MASHED POTATOES, SALAD AND DINNER ROLLS

BAKED POTATO BAR FEATURING A WIDE ASSORTMENT OF TOPPINGS

## DESSERT

Desserts are available for \$1.50 extra per person.

WHITE OR CHOCOLATE SHEET CAKE

CUPCAKES

ICE CREAM SANDWICH

POPSICLES

IT'S ITS

ICE CREAM SUNDAE BAR

# UPGRADED MEALS

Upgraded meals are available for special occasions at \$3.00 extra per person.

All Upgraded Meals include an Organic Salad, juice, coffee and tea.

Substitutions and Special Requests available.

## **ENTREES:**

GRILLED OR ROASTED BEEF TRI TIP

ROASTED PORK LOIN

GRILLED OR BAKED BABY BACK PORK RIBS

GRILLED OR BAKED BEEF RIBS

CORNISH GAME HENS

GRILLED OR BAKED WILD ALASKAN SALMON FILLETS

GRILLED CHICKEN BREAST

## **STARCH :**

ROASTED ROSEMARY POTATOES

SWEET POTATO FRIES

GARLIC MASHED POTATOES

RICE PILAF

## **VEGETABLE:**

GRILLED CORN ON THE COB

STEAMED OR SAUTEED VEGGIE MEDLEY

CAULIFLOWER GRATIN